

Abstract

Title:

Origin and historical evolution of cycling discipline freestyle BMX

Objectives:

The aim of thesis is to devise comprehensive and structured work, which focused on the origin and historical evolution of cycling disciplines freestyle BMX. On the basis of available resources, particularly printed publications and internet resources involved in freestyle BMX, is created by a sequence of major events in the Czech Republic and in the world, which caused the origin and historical evolution of the discipline itself.

Methods:

At first will be used an analysis of all available information about cycling discipline freestyle BMX. It will be also used the methods used to process historical works.

Results:

It was found that first appearance of BMX was in the Netherlands in 1956. The official origin in the 60s of the 20th century is associated with the area of California in the USA. BMX has its roots in motocross, from which is also derived the name of BMX. The cycling sport BMX develops to independent cycling discipline freestyle BMX a few years later. Freestyle BMX belongs to extreme sports. Historical evolution of freestyle BMX is associated mainly with the California area. Freestyle BMX was expanding in the 80s of the 20th century to the Europe. Nowadays freestyle BMX is dynamically evolving worldwide.

Keywords:

BMX, bicycle motocross, freestyle BMX, extreme sports, cycling discipline, the origin, historical evolution